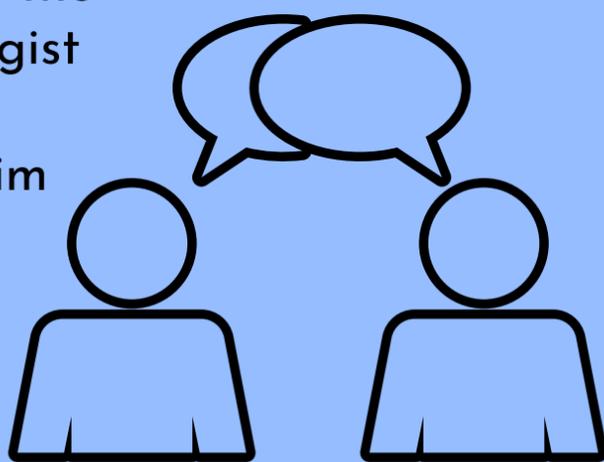

WHAT TO DO IF YOU OR SOMEONE YOU KNOW IS A VICTIM OF SEXUAL ASSAULT



Report the incident to the local police department or on-campus officers. Most times, officers are willing to have a female officer or try to accommodate a minor reporting a sexual assault or rape by having a trusted adult nearby.

Reach out to a mental health professional. Sexual assault and rape can be traumatic for the victim. A trained psychologist may have resources and strategies to help the victim overcome any depression, anxiety, and PTSD symptoms that the victim may struggle with.



Seek medical attention.

After sexual activity of any kind, especially rape, which can get very violent and careless, it is possible to have urinary infections, uterine fibroids, tears and bruising, STI's, and even nongenital injuries. A medical professional can help treat wounds or infections that a victim of rape has sustained



Search for support. Although young, female, transgender, and Native American individuals are at the most risk to be sexually assaulted, sexism, transphobia, and racism can be prominent in communities one may want support from. Organizations such as StrongHearts, the Trevor Project, and RAINN are all available 24/7 for anyone that needs their services

